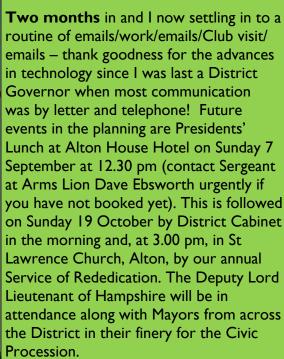
DISTRICT 105D

TIMES

September 2014 Edition

Lion David falls in! The DG's August



I have been getting a fair amount of stick about my comments about 'going into transition' because we have fallen below 1,250 members. 'Why do Lions Clubs International have to interfere?'

Fun and fundraising

A glance through the ensuing pages illustrates just how inventive Lions can be when it comes to parting the public from their money and obviously with considerable success.

Not only do these initiatives make good reading, they are also an inspiration and shining examples of what enthusiastic Lions can achieve.

Lion Peter Tabb

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The International Association of Lions Clubs District 105D

Incorporating Lions Clubs International District 105D Charitable Trust Registered Number 1072984

District Governor 2014—2015 ♦ Lion Mike Hendy Tel: 0845 833 8618



"Teamwork, Leadership and Compassion"



'What does it matter if we are below 1,250, I joined to serve my local community'.

Like it or not we all joined an organisation which has rules. I will try to put it in a simple analogy which will not offend; my own Club had fantastic growth between 2013/2014 and grew from five to 14 members. When we had five members we could do very little in the community, now we have 14 we can plan a lot more service for our community and take on more, so in my book more members means more service that can be done in our community and that's why we all profess to have joined. So if you want to forget LCI diktats that's fine by me, but think instead what more you can do for your community with more pairs of hands to give service to those who need our help.

August saw the first three fledgling members of the Four Marks Club Branch being inducted as Lions into Alton Lions Club. A lot of work and effort has gone into starting this new Club and so I wish Lions Geoff Foan, Mike Baker and all those involved the best of luck in growing the Club and getting its own Four Marks identity. Lions Ken Staniforth and Devan Kandiah are still working on a new Club in the Southampton area; both are fully committed to getting one started. At the end of July, 16 Clubs around the New Forest came together to man a Lions Awareness stall at the New Forest Show and finished up with 44 enquiries from people who wanted to know more about Lions - these enquiries have now been distributed to Clubs in those areas - not just in this District but in others as well. My heartiest congratulations to all those who took part in this exercise - a great example of Clubs coming together for a common purpose.

Bank Holiday weekend saw myself and Brigid at Goodwood races along with 250 other Lions from 105A and 105SE. My personal thanks to PDG Lion Pat Nixon for taking on the mantle of organising this for the three Districts for one reason or another — she did a magnificent job and the day was enjoyed by all; the rain kept off and that was the main thing. My pockets are a little lighter — I did not seem to have the ability to pick winners unlike another member of my DG Team but I thoroughly enjoyed the day.

Safely returned to earth

2nd Vice DG Lion David Taylor tells of the fastest 40 seconds of his life

The Army Parachute Association at Netheravon was hosting the Joint Services Skydiving Championships and while we were there it was very busy.

After an entertaining brieing ("Don't worry if the aircraft gets into difficulties, we have the parachutes - the pilot will look after himself!"), we were quickly kitted out and partnered with our instructors. Mine, Nathan, is a team leader on the Red Devils, the Army Parachute Display team, so I guessed he knew what to do.

We didn't hang around long before we were airborne and getting tethered together during the climb. A brief chat about life and everything (me RAF v. him Army, etc) and we were shuffling towards the door. Swing legs out, a tap on the shoulder and I was looking down at the ground 13,000 feet below.

I cannot describe what those first two seconds felt like!

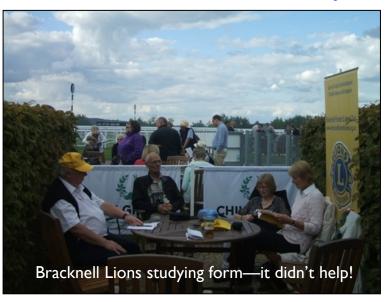
Two taps and adopt the arms out position for stability. Every emotion and adrenaline rush - you have to experience it, it just cannot be described. The 40 seconds free fall was simply exhilarating, absolutely brilliant. Where did the time go? Suddenly another tap, I grabbed hold of the shoulder straps and the parachute opened.

From sheer exhilaration to four minutes of absolute ecstasy as we slowly descended towards the airfield and I even got to pull the control lines myself. Feet up for the last 20 seconds and a smooth landing on our backsides. Lots of laughter, high fives and the inevitable question from Nathan: "Would you do it again?"

You are joking! How soon can we go up again? It was simply brilliant. Getting changed, a young lad asked his Dad what it was like. Just for once, that over-used adjective 'awesome' was spot on.

My thanks to those who sponsored me - £500 for our Lions Charity Fund.

Lion David Taylor



Bookings for the 2015 convention in Bournemouth will soon be able to be made online on the 105D website; I will try to find time this month and next to work with Lions Tom Sayers and Richard High to get a new look website up and running to complement our new look 105D Times. Please keep sending in articles to Editor Lion Peter Tabb about what your Club has done and what they are planning to do in the future.

Hendy's Travels for Sept. 2014

Date Activity

2 September Warminster (Official Visit) 5/6/7 September Seaton, Devon (PDG Reunion)

7 September Presidents' Lunch
8 September Swanage Official Visit
9 September Maidenhead Official Visit
13 September Windsor Lions Horse Ride
16 September Weymouth Official Visit
17 September Henley Prostate Screening

18 September Hythe Official Visit

20 September Gillingham Mere & Shaftsbury Charter Anniversary

27 September Fleet 27th Charter Anniversary

<u> Alan's Ambies for Sept. 2014</u>

Date Activity

I September Cosham Official Visit

4 September Hart Official VisitNewport and Cowes Branch Official Visit

8 September
1 September
17 September
22 September
24 September
25 September
26 September
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28 September
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<u>Taylor's Treks for Sept. 2014</u>

Date Activity

9 September Sandown & Shanklin Official Visit

15 September25 SeptemberNewbury Official Visit

WELCOME TO NEW MEMBER—July 2014

I am delighted to welcome the following new members into Lions Clubs International this month and wish them a long a happy time as members:

Basingstoke – Lion Julian Bridges and Anoujska Selders;
Bracknell – Lion Isabel Mattick; Crofton – Lions Steven Fulcher,
Pal Hayre and David West; Reading – Lion Emily Skivington;
Salisbury – Lions David Connolly and Bo Handley; Weymouth –
Lion Roger Hogbin; Windsor – Lion Martin Mears and Woodley
& Earley – Lion Sheila Taylor (transferee).

In the same period however we lost 10 Lions 'resigned in good standing', many of them with long service behind them – do we really know why?

Until next month

Regards

Mike and Brigid



The Pride of Southsea Golf Club

Not only did the members of Southsea Golf Club and Portsmouth Lions Club raise £650 for Parkinsons UK, but the winning team was also all-female for the first time in the history of the joint charity Golf Day.

The successful team – Kellie Blatch, Linda Davies, June Ashby and Clovis Axton – are pictured above with organiser Steve Oxford and Club member Gordon Wilkins.

This annual event has been held for a number of years and raises money for a different charity each time.

Steve Oxford said, "This is always a difficult event to organise. It has been really humbling to get so much support this year and raise these funds for a worthy cause which is close to the hearts of our members. It's been the most well-supported event I can remember."





Another great success with 60 golfers taking part in a Texas Scramble and, in the evening, 73 sitting down to a three course meal. The events raised £2,000 for our Charity Fund, most of which will be spent on deserving cases of hardship and good causes in the Weymouth and Portland area.

The Lions' annual street busk, in aid of our Charity Fund, was another resounding success. Local 50s and 60s band 'Replay', fronted by our very own Lions President, Norman Stagles, entertained the shoppers throughout the day.



District 105D PR Equipment

In our District every Club has free access to a varied selection of Lions publicity banners and other PR equipment from the District 105D PR Equipment Loan Pool to help bring the public's attention to Lions Clubs' fundraising and membership activities.

HOWEVER... is this the best kept secret in Lions? Does YOUR Club know what equipment is available and how Clubs can access it? In the PR training survey last year, 62 per cent of the Clubs who responded knew nothing about PR equipment and promotional material. If our Club is one of that 62 per cent, the pool equipment comprises:

- ⇒ Ten 10' X 3' horizontal banners separated into bags of two and three
- ⇒ One 20' X 6' hanging banner
- ⇒ One 8' X 6' self-supporting pop-up concave banner (for indoor use)
- ⇒ Two Lions suits
- One Roadshow kit (gazebo, feather flag, signature boards and pull-up banner)
- ⇒ Five indoor pop-up banners (currently in the Regions)

Availability and pictures of these items can be viewed at www.lions105d.org.uk/equipment. Scroll down past the calendar to see these items in use. These can be booked (on a first come, first served basis) by emailing pro@lionsao5d.org.uk.

Over the next few months the web page and booking system will be changing. An online booking system is being set up which automatically sends email notifications to the Clubs currently borrowing items together with those managing the loan equipment. The loan equipment is beling centralised to Salisbury from where it will be available. Centralisation will also reduce the difficulties encountered over the past two years when equipment has gone missing when unrecorded transfers have taken place. Clubs will be advised when the new system is in place.

PR materials are a valuable asset to promote your Club's fundraising and recruitment events. Please use it.







WOKINGHAM LIONS SERVE HAND-CRAFTED BEER AND CIDER

The Wokingham Lions Club organized a very successful Beer Festival Bar on the Bank Holiday weekend from 22 to 24 August at Elms Field.

"All went very well, and the good news is that we had record sales," says Lion John Cleary, organizer of the Beer Festival Bar. "It was very busy on all three days this year. This was the fourth year that the Wokingham Lions have been running the Beer Festival Bar. We got the beer from 16 local breweries in Berkshire, Hampshire, Buckinghamshire, Oxfordshire, Surrey, West Sussex and Middlesex,"

There is a lot of behind-the-scenes work to organizing a Beer Festival Bar. "The first year was a steep learning curve. We had no idea if the festival would be a success, so to avoid unnecessary expenditure, I had to beg, borrow and steal from all the pub landlords I knew in Wokingham. Mick Musson at The Crispin was particularly helpful. He even took delivery of all of our beer in that first year, and stored some of it again this year," Lion Cleary says.

"In 2011, the year of the first Beer Festival Bar, we sold every pint of beer we had. We had purchased just over 2,500 pints, and we sold the last pint at 3:50 pm on Sunday, just 10 minutes before the festival closed at 4.00 pm. That we didn't waste anything enabled us to maximize the profit we made for the Lions charity," he adds.

Wokingham Lions volunteer to work at the bar. "The same people come back every year, so they must enjoy it. In the beginning, most of them had never worked behind a bar before, but they all stepped up to the plate, and deserve a great deal of recognition for its success over the last few years. This year, there was a great deal of support from family and friends, and they should take a lot of credit for our success," Lion Cleary concludes.

This year, there were 60 specialist craft beers from local breweries featured during the three -day festival, along with ciders and perrys. Other drinks included wine, Pimms, lager and soft drinks, so there was something for everybody. For details of all the beers and breweries at this year's festival, visit http://www.wokinghamfestival.co.uk/beer. Profits from the bar takings have gone into the Wokingham Lions Charity account, and will be used to support those less fortunate in our area. Visit the website, www.wokinghamlions.org.uk, for more information.





District Grants

While the original concept of grants to Clubs for membership purposes was instigated due to a one-off allocation of funds from Multiple District, we are now stand-alone in distributing grants with all moneys coming from the District GMT/GLT pot which is finite. As the scheme is now becoming more well known, with an increasing demand on available funds, it has proved necessary to call for a temporary halt on grant applications to review the criteria and the maximum amount for grants to give more Clubs the opportunity to apply and be successful. The DG Team will meet with GMT/GLT early in September to agree the new criteria which will be published in the 105D Times.

The Blandford & District Lions received a request from the Blandford Town Council to attend an event to entertain the children with our 'Hook a Duck' game.

The event was sponsored by Karcher and their celebrity guests for the day were Phil Tuffnell and Mike Dawson from the BBC's 'A Question of Sport'. They are pictured above (Mike Dawson with the hat) each trying to hook a duck while Lions look on enviously.

Lion Tony lves

To be able to practise five things everywhere under heaven constitutes perfect virtue: gravity, generosity of soul, sincerity, earnestness and kindness.

Confucius c.550—c.478 BC

DE LEVING THE COLUMN CONTRACTOR

READING THIS COULD SERIOUSLY IMPROVE YOUR HEALTH

The Lions Club of Bournemouth are working tirelessly to bring health awareness to the local community by organising a day of Healthy Happy Living. Sounds simple enough, just book the Bournemouth School for Girls in Castle Lane on the 20th September, throw in a couple of stalls, charge a fortune and Bob's Yer Uncle they've raised a lot dosh. No way my friend, no way. Read on...



Under the guiding influence of President Pamela, The Lions Club of Bournemouth has 14 members who have been involved in this massive project to bring Bournemouth its very own Well Being Awareness Day, an exhibition that will become an annual event enabling the residents to consult with professionals from numerous organisations who are involved in the day to day care from across the entire spectrum of Health and Happiness.

Based firmly on their principles of "We Serve" with no

George, Barbara, President Pamela & Malcolm
discrimination whatsoever, The Lions Club of Bournemouth invite YOU to attend this event FREE OF
CHARGE, here you will be able to seek information on everything you can imagine.
The services available will include free health checks, nutritionists, dieticians, beauticians, fitness experts, sports clubs, cooking on a fixed income, and advice on anorexia to obesity and pregnancy to death and so much more.

You will find specialists advising on health and happiness from the cradle to the grave, also in attendance will be experts covering the specialist fields of alternative medicine now widely accepted by many eminent physicians.

Are you a carer or maybe you need some form of care if so then 20th September is a date for your diary, come and meet the people who have the knowledge to help you live a healthy happy life. It is hard to imagine in this day and age of plenty that so many people are unhappy, lonely, depressed or suffering some other form of mental illness, at the Day of Healthy Happy Living you will find representatives who do understand and can point you in the right direction empowering you to find a happier way forward in your life.

This is a day NOT to be missed, a one day event that could seriously improve the quality of your life.

If you would like to know more about The Lions Club of Bournemouth and up to date information then go to their website www.bournemouthlions.org.uk where you can find what makes this organisation so special, where ordinary people do amazing things.

As the community co-ordinator for The Local Eye, I met with this pride of Lions and happily admit that I am in awe of the amount of local charitable work that such a small group (14) of like minded Local residents achieve. Apart from a tiny amount of money that is used for The Lions International purposes all the monies collected by this club is gifted locally whether it be to a needy individual or to another deserving group.

With no grants or permanent sponsors the Lions Club of Bournemouth raise funds from their efforts and often dip into their own pockets to cover the costs of administration. No donated or raised monies are used to run the club. The Lions Club of Bournemouth have within their Code of Ethics,

"Always to bear in mind my obligations as a citizen to my nation, my country and my community, and to give them my unswerving loyalty in word, act and deed. To give them freely of my time, labour and means".

This small group of members have given many years loyal service to The Lions.
The lions never roar about their acts of kindness, however, BOURNEMOUTH
RESIDENTS ARE VERY PROUD OF THEM.

The only thanks they ask for is that you enjoy The Healthy and Happy Living Day.

The 2014 Healthy and Happy Living Day will be held on the 20th September at the Bournemouth School for Girls in Castle lane. 10am till 6pm and admission is free.

David Stratton, Community Co-ordinator for The Local Eye can be contacted on 01202 904858



This is an event where we are able to relax and enjoy ourselves and not be worried by being the organisors!

The event has so much to

offer for all ages.
Yes, it is horse racing and Eric found four winners!
There was a band playing 1960's music, some sat in deckchairs on a make believe beach. We saw bathing beauties and watched a cricket match without a ball!

But best of all those with a young family could enjoy a play area with a carousel, an old-fashioned helterskelter and a big wheel. All this included in the ticket price (under 18s are FREE!). And this year we even had sunshine!

Why not join us next year?

PUG Lion Pat Nixon

THE TEDDY BEARS PICNIC IN THE ARTS PARK FEATURING FAMILY FUN, PUNCH & JUDY SHOWS & MORE 'The Big Art Experience' on 27 September in Howard Palmer Park

A new community event featuring teddy bears, picnics, art projects and prizes will take place in Howard Palmer Park on Saturday 27 September, from noon to 4.00 pm. Organised by the Wokingham Lions Club - Creative Youth Collective, 'The Teddy Bears Picnic in the Arts Park' promises to be fun for all ages.

"We have planned a fun day of activities, including our 'CYC Big Art Experience' which has been created to engage children in a group activity to produce a giant piece of art work together," says Vicky Jackson, founder of the Lions Club's Creative Youth Collective. "This will be exhibited in the town after the event,"

Bring a picnic and blankets to enjoy a special day of free activities for families. A Colouring-in Competition and Best Dressed Teddy Competition will be judged by Karen Preston of Daler Rowney, who has been supporting various projects.

Children are asked to bring their treasured teddy bear to the event. If the teddy bears are in need of repairs, they can visit the 'Teddy Bear Hospital', where teddy nurses will administer surgery to fix them. There will be two Punch & Judy shows, at 1:00 pm and 3:00pm. Professional Caricature Artist, Lewis Gilliard will draw caricatures of children and their favorite teddy. Two make-up artists will be doing face painting, to make the children look like their own teddy bear.

Entrance to the event is free. Face painting costs £2, and caricatures £5. For more information or to find out about exciting forthcoming projects, please email creativeyouthcollective.lions@gmail.com.

This event would not be possible without the help and support of sponsors and supporters who include Daler Rowney, Hunters Estate Agents, Jay Printers, Michael Hardy and Alexander Carpets. Any funds raised will go to the Wokingham Lions Club charity in order to benefit the community.



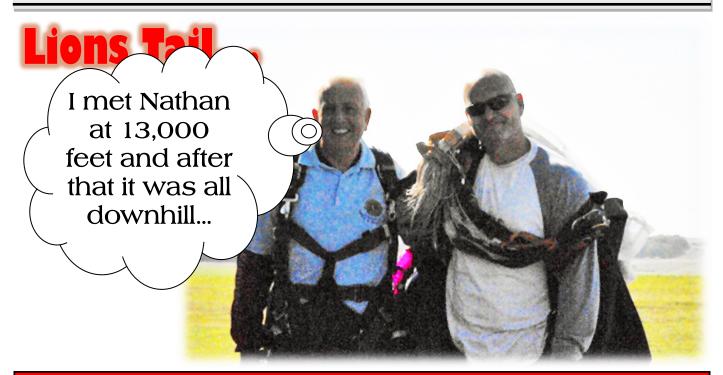
TAIL TWISTER

The Editor has the last word

I have been a Lion for slightly more than 42 years and thus have seen many changes. As the DG so rightly points out organisations such as ours have rules and when I joined this was an association exclusively for businessmen, ideally from a range of differing professions, vocations and occupations. I cannot believe that there is a Lion left, particularly of my vintage, who would still like to return to those days of 'men only'.

However one thing that has not changed is Melvin Jones' dictum that we have all joined Lions 'to serve' and while I have much sympathy with the anonymous view expressed in the DG's report that 'I joined to serve my local community', serving our communities is much easier when there is sufficient of us to do it so that we can do it well. Thus whether we call it 'transition' or some perhaps more appropriate word, there is no doubt that we should all seek to increase our numbers (and Ask One is one potentially successful way to do it) so that we can do what everything else we do leads to, serving our communities.

Lion Peter Tabb



Please send all articles and pictures for publication in the

DISTRICT 105D TIMES

to the Editor, Lion Peter Tabb, e-mail: news@lions105d.org.ukand/or pandttabb@localdial.com at least a week before the end of the month