



ICIF has awarded 65 disaster grants of circa £2,730,000 since 1 July 2017 (see page 4)

What some Lions will do to publicise Lionism!



105D TIMES

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The International Association of Lions Clubs

District 105D

Incorporating Lions Clubs International District 105D Charitable Trust
Registered Number 1072984

District Governor 2017 - 2018 ♦ Lion Peter Burnett

✉ dg@lions105d.org.uk ♦ www.lions105d.org.uk



**“Putting Fun into Fundraising and giving
Service with a Smile”**



Do you know that Tuesday 14 November is World Diabetes Day? The day was chosen because it is the birthday of Frederick Banting who co-discovered insulin in 1922. The discovery of insulin changed the lives of people with diabetes and increased their life expectancy dramatically.

Diabetes is now one of LCI's Global Service Framework and part of the GST programme because of the enormous number of people with diabetes in the world and because these numbers are growing. As the District GST Coordinator it is part of my duties to publicise this.

What can we do to help?

Until fairly recently, Clubs held regular screenings and Bridport still manage to do so, but the problems of finding phlebotomists makes this increasingly difficult to do. Lloyds Chemists no longer seem prepared to help and nurses are now not normally covered by insurance. This is a MD wide issue, not just a 105D one.

However we can make the public aware of the causes, symptoms and their risk factors by handing out leaflets at events. Windsor Lions reported their recent activity in the September 105D Times. They worked with Diabetes UK who supply several leaflets which Clubs can obtain. They do not have the Lion logo on them but Clubs can insert a flier with their details inside them.

An MD leaflet is currently being produced and I will advise when these are available.

There is also information on the LCI website which can be accessed by going to the member centre and selecting Serve! and then Diabetes. However several of the 25 Project ideas for diabetes are not suitable for this country since, for instance, people with diabetes get their medication free through the NHS.

I would be very willing to visit any club or Zone to talk further about this subject so please do not hesitate to ask me.

Lion Judith Goodchild

105D Community Relations Portfolio Holder
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INTERESTED IN INSTALLING A DEFIBRILLATOR?



If you have a Boots shop in your locality then you may find the answer in the following item.

Boots UK Policy on Public Access Defibrillators

Boots UK has a strategy to work with the community and other bodies to increase the number of, and access to public access defibrillators, by funding their installation on the external walls of our shops. We typically work with third parties who have sourced, or are planning to purchase their defibrillator but are looking for a suitable public site – which is where our Boots shop comes in. We have a limited amount of funding available, which covers all the surveying, approvals and installation costs, plus any ongoing power that may be needed. We'd be very keen to hear from clubs that are purchasing a defibrillator, and who are looking for a suitable site for it. We do expect a level of control in place on the installed defibrillator by the purchaser or their agent, to ensure it remains available and operational at all times. Typically this would include:

1. Agreement from the local ambulance service that the proposed location is suitable
2. The appropriate checks and maintenance of the equipment is place
3. There are clear procedures to follow for the equipment once used (e.g. where to return it, and the steps required to put it back to use)

If your club would like to explore this further, they can write to our estates team at the address below:

**Estates Dept, D90 I IES, Thane Road,
Nottingham. NG90 IBS**

Peter's Page



This time last year DG David published a version of the chart above showing that we had very nearly reached the target of 100 million people served by the end of the Centennial period in June 2018. In the last 12 months we as an organisation have served more than 76 million people. We have nearly doubled our initial target with nine months still to go and with only 68 per cent of Clubs reporting their activities. As I go around the Clubs you are all still actively doing centenary projects so please keep reporting what you do and I think we will reach 250 million people served by the end of the period. This is great news and all Lions should be really proud of what you have achieved.

I have been told by various officers of the District that they feel that morale is quite low in many Clubs. Both the Global Action Team and CIO are being blamed for this. **DO NOT** let these things stop you doing what you normally do and continuing to enjoy your being a Lion. Unfortunately the CIO is beyond our control but has been necessitated by a change in the charity law and we cannot ignore the law! We have a really effective team within the District who are working through the list of Clubs who want to or need to register, they will really help you when your time comes. As for the GAT, don't be intimidated by the management speak coming out of the USA! As far as I am concerned the one size fits all approach does not work throughout the UK and Clubs remain autonomous to make their own decisions although there will be more support available on line and at MD and District levels should you want it. You are all doing a fantastic job within your communities, concentrate on continuing with that and of course remember to have a social life as well – Lions membership is about enjoying yourselves as well as providing service.

The DG team continue to really enjoy our visits around the Clubs and we are constantly amazed at the level of commitment and hard work you all do to help those in the world who are less fortunate than we are. If you have some events coming up let us know, I certainly enjoy visiting Club events as well as meetings and charter dinners, so if I am invited I will try to attend other events as well.

DG Lion Peter

Matters of Moment

DG Team Visits October 2017

DG Lion Peter

Date	Activity
2 Oct:	Wareham Official Visit
3 Oct:	Wimborne & Ferndown Official Visit
4 Oct:	District Leadership Event - Southampton
7 Oct:	Hayling Island Charter Anniversary
8 Oct:	Maidenhead Charter Anniversary
9 Oct:	Jersey Official Visit
10 Oct:	Guernsey Official Visit
13 Oct:	Southbourne & Boscombe Race Night
17 Oct:	Weymouth Official Visit
18 Oct:	DG Team Meeting - Salisbury
21 Oct:	Woodley & Earley Charter Anniversary
22 Oct:	District Cabinet - Southampton
27 - 29 Oct:	Council of Governors - Solihull
31 Oct:	Wimborne & Ferndown Quiz

1st VDG Lion Ken

"Fellow Lions, I am very pleased to announce that my recovery is going very well and I am able to 'push myself' a little more each day. The only real obstacles are tiredness and some niggling aches when I do get tired (normally the next day), I have been able to carry out two 'trial runs' attending Charter Anniversaries over the past two weeks (Swanwick and GMS) as the official guest. I was able to enjoy both events immensely with only the niggling tiredness the day after. So, with this in mind, I shall be contacting Presidents and Secretaries to book my Club visits and am really looking forward to spending time with you."

Lion Ken

2nd VDG Lion Jarvis

Date	Activity
2 Oct:	Petersfield Official Visit
9 Oct:	Fareham Official Visit
10 Oct:	Isle of Wight Ryde Official Visit
11 Oct:	GMS Official Visit
28 Oct:	Salisbury Charter Anniversary

Lions Clubs International FOUNDATION

Once again a big thank you from LCIF to those Clubs that donated to LCIF these last few weeks.

LCIF was formed in 1968 so we are now in the 50th year. Your Clubs' contributions have helped people near and far by providing disaster relief, saving sight, supporting youth and meeting humanitarian needs. LCIF has set a target to raise US\$50 million (£38 million) this Lionistic year. I do hope all Clubs will consider a donation to our own charity during this Lionistic year.

Natural disasters:

I make no apology for repeating what I said in a letter to Presidents in the recent District mailing.

No-one cannot have been moved by the scenes of desolation caused over the last few weeks by a number of natural hazards, including mud slides in Sierra Leone, hurricanes in various parts of the USA, islands in the Western Atlantic and the Caribbean, flooding in Bangladesh, China, India, Korea, Nepal and Thailand and earthquakes in Mexico. It hopefully will not surprise you that LCIF, our own Charity, has provided a large number of grants to Lions Clubs in all these areas, initially in the form of emergency grants. In turn, local Lions Clubs have coordinated their efforts with local agencies to determine the greatest needs and how Lions can address these needs. In a number of locations LCIF will also provide funds in the future for long-term reconstruction projects. When other agencies have left the site of a disaster LCIF is still there because many of our members who administer the aid make up the local community that has been affected.

I do hope your Club will give additional support to LCIF this year by a special donation for the LCIF Disaster Fund, so that our charity can always go on supporting local Lions Clubs in any areas of the world where disaster might strike.

Please make your payment to the 105D District Treasurer. Cheques should be payable to LCI District 105D and endorsed on the back 'LCIF Disaster Fund'. Electronic payments to the District Treasurer should indicate they are for the 'LCIF Disaster Fund'.

LCIF Club Coordinators:

If there are any unanswered questions relating to LCIF please do not hesitate to contact me to resolve them.

Please record the details of the nominated LCIF Club Coordinator Lion in your Club on 'My LCI'.

Sierra Leone:

Last month I was not able to tell you if an emergency disaster grant had been awarded to Sierra Leone, where there is only one Lions Club. I am pleased to tell you that a grant has been made.

Please contact me if you have any questions relating to LCIF, MJFs, etc.

Why not take a look at the LCIF website. The link is <http://www.lcif.org/EN/index.php>.

LATE NEWS! LCIF has awarded 65 disaster grants of circa US\$3,9 million (£2,730,000) since 1 July 2017



PDG Lion Patrick Hamblin

District 105D LCIF Coordinator
patrick.hamblin@lions105d.org.uk

A valiant descent for a **Lion**

Lion Ann tells of her experience in her own words'.

It seemed a good idea at the time I thought, as I obeyed the nice soldier who gently told me to 'step over the rail' and put my foot on the ledge... Ledge? What ledge? Oh, that ledge... Suffice to say that my foot (not feet) overlapped the two inches of metal referred to as a ledge! By the way, said ledge was 500' up and outside the Spinnaker Tower in Portsmouth. But having replied to the video camera operator that I was 'doing it for Army Benevolent Fund (the soldiers charity) and to promote the Basingstoke Lions Club' and having handed over £1,500 (apparently the most received by far and warranting an introduction to the charity's head) from 60 wonderful donors—individual Basingstoke Lions and £100 from the Loddon Valley Lions Club, I was committed.

Also wonderful was to see the 18 people who seemed to think it would be fun to watch a potential fall from grace and patiently waited the hour or so until the yellow Lions tabard - not a thing of beauty but very spottable 500 feet up - appeared on the 'launch pad'; their applause, as my wobbly knees and I returned, was as heart-stopping as the descent.

And what of the descent?

Heart-stopping does it, although not with fear surprisingly, but with the sparkling view of the dramatic scene laid out before me – sea, ships, some stunning sailing boats, fabulous buildings, old and new, and the happy sight of people enjoying the sunshine. And the architectural marvel of the graceful tower, as I periodically looked up its length to where it seemed to pierce the infinity of that blue and cloudless sky...

And actually, not a little emotion, remembering why I was doing this, where, how and who the £1,500 might help – really such a little thing to undertake for people who have done so much for us in the distant past, the difficult present and will do in the unknown future.



On Saturday 2 September 18 Lions and friends gathered at the foot of the Spinnaker Tower in Portsmouth to watch the Immediate Past President of the Basingstoke Lions Club, Lion Ann Vicars, abseil all the way down it

News from the Clubs

New blood for Meon Valley Lions?



The Meon Valley Lions Club recently worked in partnership with a local branch of the specialist cancer charity PCaSO, (Prostate Cancer Support Organisation), to operate a pop-up PSA testing clinic in Bishops Waltham. The PSA test is a simple blood test for men, that measures the amount of prostate specific antigen (PSA) in the blood and provides a useful indicator of the presence of prostate cancer.

The Club had a great response to an extensive awareness campaign on village poster boards, in leisure centres, parish magazines and via social media. In all, 147 men arrived from all over the Meon Valley for the Saturday-morning PSA test sessions. This level of turn-out is something the PCaSO would normally expect to see at a large, city-based clinic, rather than from a collection of villages in a country area, so they were delighted.

Meon Valley Lions also used the event as a recruitment opportunity and the membership team was on hand to engage with visitors as they waited their turn for the blood test. Display boards installed in the waiting room showed the wide range of fund-raising and social activities undertaken by the club and a small handy "all-about Meon Valley Lions" leaflet was available to take away. Our objective was to attract two or three potential new members, but we must have made a good impression because we are now engaging with seven people who attended the clinic, including two ladies who came along with their partners. Of the seven, three have already attended some of our recent social events to get to know us better, so the future is looking promising on the recruitment front.

Thanks go to Lion Pete Meadows, who managed the event and also to the PCaSO team of phlebotomists, who worked tirelessly for over six hours to collect and process the blood samples.

Photograph: Lion Andrew Brown submits to the PSA test, looking slightly more concerned than the phlebotomist!

Treorchy Male Choir Concert at Sherborne Abbey

On Saturday 16 September the Blackmore Vale Lions promoted a fundraising concert by the world-famous Treorchy Male Choir at Sherborne Abbey. This is the Lions Centenary year and the concert was arranged to celebrate this milestone and also help the Treorchy Male Choir celebrate the 70th anniversary of the reforming of the choir.

Almost 400 people attended the concert, all commenting on how wonderful the evening had been. The combination of unique choir harmonics within the surroundings and acoustics of Sherborne Abbey was a joy to experience. With a mixture of traditional Welsh hymns and songs, coupled with modern day classics, there was something there for everyone including a sublime performance by the fantastic Welsh soprano Iona Jones and some well-rehearsed light-hearted banter from choir compere Selwyn Jones.

The main beneficiary from the event will be the Sherborne Gryphon School Ten Tors Challenge project and there to help us on the evening were 12 Gryphon School students led by Mr Geoff Cooke, and what a fantastic job they did.

Early indications are that more than £10,000 was raised. There are significant costs to come out of that figure but we plan to donate £6,000 to charities.

Thanks must go to all the sponsors, both known and unknown and to all the help received from the Head Verger Duncan Withers, Sherborne Tourist Information Office and the RAF Slessor Club who provided a brilliant platform for the Choir to wind down post-concert. Thanks must also go to the Lions organisation team and the Lions ladies who provided much appreciated refreshments to the choir on their arrival.



More teams wanted to make it a really big splash!

The 21st Windsor Lions Annual Swimarathon confirms additional spaces available to help boost funds for local good causes.

The Windsor Lions is looking for even more teams to enter this year's swimathon, **The Big Splash!**, one of the Club's major fundraisers of the year, to be held on Sunday 15 October at Windsor Leisure Pool. Fifty teams have already entered but with a capacity for 60 teams there is still plenty of time for local good causes to seize this fun opportunity to raise funds for themselves.

Lion Mike Sells, the event's organiser, enthuses: "I am delighted with the response so far from local good causes but we have the capacity for even more teams. This really is a great opportunity for local organisations which need to raise funds to enter a team and collect 100 per cent of the sponsorship money they attract. We are aiming for a best-ever 'Big Splash!' this year—so organisations out there in need of funds, here is your opportunity! Please get in touch - but hurry because it's first come, first served!"

Over the years this popular event has raised almost £175,000. Schools, sports clubs, service organisations and hundreds of individuals have benefited as a direct result of the swimathon which offer a very simple and straightforward way to raise funds. A team of up to eight swim in rotation for 55 minutes and raise their funds through sponsorship. The Windsor Lions organise and staff the whole event so there is nothing else for the teams to do other than find the swimmers and attract sponsors.

Lion Mike continues: "We are appealing to local charities and other groups in the community who need to raise funds to enter one or more teams. There is plenty of time but entries will be managed on a 'first come, first served' basis. 'The Big Splash!' really is an amazing opportunity for them to have great fun and raise funds by helping themselves - it couldn't be simpler!"

Potential teams are invited to contact Lion Mike Sells on mobile 0845 833 4749, email: mikepsells@gmail.com or see www.windsorlions.co.uk

DISTRICT 105D CLUBS BECOME CHARITABLE INCORPORATED ORGANISATIONS

District 105D has now successfully achieved 'Charitable Incorporated Organisation' (CIO) status for three more of its Clubs, **Alton**, **Loddon Valley** and **Petersfield** in addition to **Trowbridge** which became a CIO as part of the MD pilot programme. An application has also been submitted on behalf of Woolmer Forest. This means that the District Team of Lions Linda Picton, John Geering and Mike Baker have developed a 'template' for the CIO process and have demonstrated that it works.

The CIO process is a positive update in response to the Charities Act 2011 which is there to safeguard the use of moneys raised from the public. District 105D is encouraging all Clubs to embrace the process which will involve new Charity Commission registration for those Clubs who currently do not have a Charitable Trust, with optional conversion to the new CIO format for remaining Clubs.

It is recognised that it does appear to represent a significant effort for Clubs especially as there is no 'quiet period' in the Lions year. However, the CIO process mainly requires Clubs to formally document current practices and activities to bring the overall administration into a common format and to become more transparent to the stakeholders, the public, the authorities and the recipients of Lions community service.

The Charity Commission has recognised that **Lions MD105** is a 'charitable organisation', an accolade not conferred lightly and not necessarily on other large-scale bodies. In order to deserve this recognition Lions MD105 needs to demonstrate that it complies with UK legislation, that it is on a par with other charitable organisations and can rise to the same professional standards and complete the same procedures.

The CIO Implementation Team will assist and guide Clubs through each step of the process and co-operation with the CIO Team is sought so that District 105D can demonstrate that it meets the standard expected by today's society.

And still more **news**

HOT CHARITY CURRY



Reading Lions held a splendid curry evening at the Himalaya Hot Spot in Tilehurst to raise money for their annual free PSA testing scheme.

With a full house, a three course curried meal interjected with several differing quizzes to keep people on their toes, coupled with an excellent raffle the event raised a grand total of £1,360.

The Club wishes to give a big 'thankyou' to the owner of the curry house for giving us exclusive use during the evening with excellent meals and service, plus a donation of £555 from themselves and Cobra Beers from the sale of drinks during the evening.

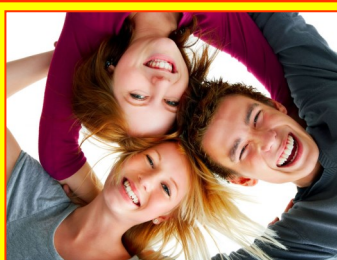
This is one of many fundraising events held during the year to raise funds to help local charity needs.

JOINT VENTURE REJUVENATES THE PRIVETT CENTRE

Situated mid-way between Alton and Petersfield the Privett Centre offers the opportunity for out of school learning for a wide range of people. It is low cost, comfortable short-stay accommodation for school, youth, family and adult groups. It is an ideal residential setting, supporting curriculum and PSHE work taking place in schools, youth awards and youth work projects. It provides accommodation for up to 29 with a self-catering kitchen, bunk beds mainly in bedrooms, a large common room, games room, and shower rooms all under one roof. There are two single rooms, one with disabled access ensuite bathroom.

It was becoming a little jaded when its condition came to the attention of the Basingstoke and Loddon Valley Lions Clubs. They recognised the need for some money and muscle. Enter Team Rubicon, a group of ex-Service personnel who are on call to assist at disasters around the world and who possess both the muscle and the skills. They are the guys we once thought we were!

After a joint assessment of the work needed and the cost of the materials, it was agreed that that the two Lions Clubs would share the costs of the materials (£2,500) and team Rubicon would do the hard graft. We celebrated completion of the project on Sunday 24 September.



YOUNG AMBASSADOR 2018

Now is the time to be seeking and identifying a potential Young Ambassador candidate for your Club. The type of young people that we are looking for are not the sort to blow their own trumpet. You will need to approach a school or youth organisation where there will be someone who knows these youngsters and can identify a candidate. They know what is being done within their community and who is doing it. Check your area for organisations such as Scouts, Guides, church groups, cadets, St John's Ambulance, Red Cross, schools and youth clubs. The opportunities are numerous.. Approach their leaders and ask "Who among your group is serving their community?" If more than one name comes up, don't worry. Hold a Club competition to see who will represent your Club at the District Finals.

When you are ready to complete the entry form and put together your candidate's portfolio, please give me a call and I will guide you through it. All completed paperwork must be with me by 15 December 2017. The dates of the District Finals are Saturday and Sunday 13 and 14 January 2018. Start your search now and if you need any help at all, just ask.

These young people are 100 per cent of our future. Support them now.

Lion Yorky Take Young Ambassador Officer



Wokingham Lions Donation

The Wokingham Lions have donated £500 to the Wokingham Link Visiting Scheme. Accepting the cheque Scheme Manager Marjie Walker said: "Thank you very much for this donation which will help pay for fare on Christmas Day for older people on their own. We want to make sure that no one on Wokingham Borough feels forgotten, especially at Christmas."

Pictured (for left) are Lion Sue Jackson, Wokingham Lions president, Marjie Walker and Lion Nigel Page, Community Service chairman of the Wokingham Lions Club

Welcome New Lions!

I am delighted to welcome the following new members into Lions Clubs International and wish them a long and happy time as a Lion.

DG Lion *Peter*

Alton - Lions Robert Athis and Craig Shepherd

Blackmore Vale - Lion Rebecca Giles

Eastleigh - Lion Sally Matthews

Fleet - Lions Christopher Goodeve-Ballard and Michael Martel

GMS - Lions Barry von Clemens, Marie Thornback and Mike Thornback

Westbury - Lion Peter Esdaile

Windsor - Lion Hugh Morgan

Woodley & Earley - Lion Ian Paris



Fireworks Displays

Many Clubs will now be heavily into the planning process for November Fireworks Displays. The following are useful Health & Safety Executive guidelines available to you when planning Fireworks Displays – see the following links:

<http://www.hse.gov.uk/event-safety/crowd-management.htm>

<http://www.hse.gov.uk/explosives/fireworks/using.htm>

<http://www.hse.gov.uk/pubns/books/hsg124.htm>

These documents have also been uploaded onto our District website. Please also take a look at the Insurance Handbook and the Road to Safety Document, both of which can be found on the District website. Please remember to carry out your Risk Assessment and submit this together with your completed 'Event Checklist' to our Insurance Brokers, Miles Smith in advance of your event via: lionsclubs@milessmith.co.uk.

Stay safe and enjoy the show.

Lion Jo Hamblin

District Insurance & Risk Assessment Adviser

In Memoriam

The 105D Times records with considerable sadness the passing to higher service of Lion Robert Athis of the Lions Club of Alton into which he had been inducted less than a month ago and Lion Fred Waterman also of the Alton Lions Club.



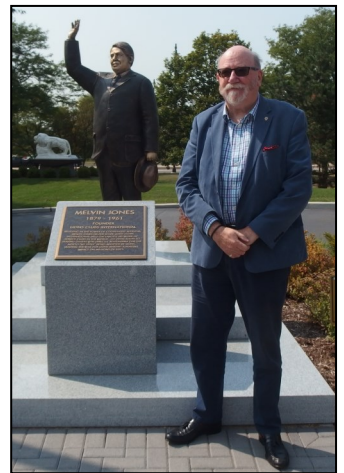
TAIL TWISTER

The Editor has the last word

I was in Chicago in mid-September and visited our International headquarters with 105D and Jersey banners, receiving in return the new International President's banner (although he himself was not actually in Oak Brook that day). Notwithstanding I was very impressed and made to feel very welcome and I have not been able to resist the temptation to publish a picture of myself communing with founder Melvin Jones' statue outside the front door.

As my own Club's diabetes awareness officer I am obliged to PDG Lion Judith for reminding us all that Tuesday 14 November is World Diabetes Day. Diabetes is a pernicious condition and even in sunny Jersey one more person every day contracts the disease. Hopefully one day Lions will achieve with diabetes what Rotary International managed with smallpox.

Lion Peter Tabb



Lion's Tale...



Lion Ann Vicars comes down to earth

Please send all articles and pictures for publication in the

DISTRICT 105D TIMES

to the Editor, Lion Peter Tabb, e-mail : news@lions105d.org.uk and/or peteretabb@gmail.com
at least a week before the end of the month