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the DG spells it out...page 2**

AUGUST 2018 EDITION

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105D TIMES



**The International Association of Lions Clubs
District 105D**

Incorporating Lions Clubs International District 105D Charitable Trust
Registered Number 1072984

District Governor 2018 - 2019 ♦ Lion Ken Staniforth

✉ dg@lions105d.org.uk ♦ www.lions105d.org.uk

**LOVE
BEING A
LION**

“Working Together For Those We Serve”

The DG'S Leader

Fellow Lions...

In five weeks I have attended an International Convention, a District Cabinet Meeting, a District Handover, a Club Meeting, a Club Charter, a Funeral and a very recent Council of Governors Meeting. Not a bad start to 'My Year' methinks.

Throughout those five weeks I have gained knowledge and information on so many levels and I am grateful to Editor Lion Peter for holding back publication of the *105D Times* so that I may offer **some** enlightenment following the Council of Governors meeting at the weekend.

To go through everything would take the whole of at least four editions, so ramble I will not.

Redistricting **IS** going to happen. Guidance is filtering out and you will be informed **very soon** as to the strategy that is being adopted. Please **do not** bombard **any** District Officer with questions as I promise that as we know, **so will you**.

Membership **IS** a prime concern throughout the world and there are programmes coming, again very soon, so **please**, not only show patience, but accept the help that is being offered when it comes. Repeat, **very soon**.

Times are changing. Values are changing. Our proud organisation is working damn hard to at least catch up to our changing world. We have two options. Go with it or be left behind in the wake. **OUR CHOICE**.

I am going to repeat what I have said before, in the United Kingdom you have a very determined team of Governors working diligently on **YOUR** behalf. You have a dedicated team of Cabinet Members working on **YOUR** behalf. All of us have only 11 months to achieve harmony, growth and, more importantly, increased **SERVICE** to our communities. Please, **HELP US** to help you.

United as one, we are unstoppable **and** unbeatable. Fractured, we are vulnerable.

DG Lion Ken



Global Team Service News



I attended a GST meeting in Birmingham and the latest news for the Five Pillars of Service follows:

DIABETES - While a MD Officer has yet to be appointed, it was agreed that the GST Officers would be trained to complete *Are You at Risk?* assessments by Diabetes UK. This follows a successful training in 105EA. Once trained we will be able to train other Lions to carry out this task. Type 2 Diabetes is now a world-wide epidemic and one of the worrying problems is that so many (like myself) do not realise they are sufferers until a blood test is done. Untold damage could be happening and it is essential that anyone with the condition is found so that they can be treated.

VISION - The Lions Eye Health Programme (LEHP) will be relaunched with the emphasis being on **Save our Sight**. World Sight Day is on Thursday 11 October and as usual Clubs are encouraged to mark the day. The World Wide Week of Service in Sight takes place from Monday 8 October until Sunday 14 October. Sight or vision has been at the heart of Lions' service since Helen Keller asked us to be "Knights of the Blind" back in 1925.

During the week of service, and especially on World Sight Day, Clubs are asked to do something to help the blind or visually impaired, or to raise awareness of vision issues, within their community. Many Clubs collect used specs, so why not make 11 October 11 an extra special day for collecting them?

If there is a club or organisation which supports the blind in your community, why not do something special for them when they meet during October or help a blind person living in your area.

Make the community aware of one of the difficulties of being blind or having low vision by arranging a blindfolded walk for your Club and a local dignitary, such as the Mayor, to experience problems such as obstacles on pavements. Believe me, there are more than you realise!

To increase your knowledge of what happens to used specs, visit Chichester Lions at their workshop at Apuldrum (PO20 7PE) between 10.00 am and 1.00 pm.

LCI has a list project ideas under the *Act Now* section on Vision. This can be accessed by going to LCI and selecting *How we Serve* and then *Vision*. If you just want to donate to Sight Projects then consider Sight Savers, Guide Dogs for the Blind or Living Paintings.

ENVIRONMENT - 1st VDG Lion Jarvis and I want to hold a District-wide Litter Pick to coincide with World Earth Day on 22 April. We are also going to take this MD-wide. All the information needed to carry out this project will be published in October so you will have plenty of time to plan your event.

I will, as MD Environment Officer, be running a MD Environment Photographic Competition. This will be basically the same as last year although the photo size will be changed to 13 x 18 cms. Full details will be available soon on the MD and District websites.

HUNGER RELIEF - Districts 105E and 105EA are organising a **Feed the 5000** on Saturday 22 September in Leicester. Further information is available at lionssf5k.com. 105A are also concerned about

children going hungry during the summer holidays when school meals are not available. It is too late for this year but I will be following this up for future holidays as to how Clubs can help.

CHILDHOOD CANCER - Work is still ongoing to set up a partnership with Brain Tumour Research. This will result in Clubs being able to help finance a new laboratory for research into brain tumours which is the biggest cancer killing children and young people under 40.

In the meantime, our DG'S Partner's Appeal is for Kids Cancer Charity which "helps children affected by cancer live life to the full".

Lion Judith Goodchild

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Welcome New Lions!

I am delighted to welcome the following new members into Lions Clubs International and wish them a long and happy time as a Lion.

DG Lion Ken

Blackmore Vale - Lions Sharon Hopkins and Kirsty Tuke

Christchurch - Lion Jo Swanston

Eastleigh - Lion Mark Campbell

Fleet - Lion Lisa Rust

Eastleigh - Lion Mark Campbell

Isle of Wight (Newport) - Lion Janet Starnes

Loddon Valley - Lion Linda Johnston

Romsey - Lion Chris Birkett

Trowbridge - Lion Rosie Jewell

Weymouth & Portland - Lion Kevin

Brookes

Woodley & Earley - Lion Val Oakley

Matters of Moment

DG Team Visits August 2018

DG Lion Ken

Date	Activity
6 August:	Woolmer Forest Club Official Visit
8 August:	Fleet Club Official Visit
9 August:	Alton Club Official Visit
12 August:	Salisbury & District Club Directors meeting
13 August:	Bracknell Club Official Visit
14 August:	Bridport Club Official Visit
15 August:	Salisbury & District Club meeting
22 August:	Gillingham, Mere & Shaftesbury Official Visit
23 August:	Newbury Club Official Visit

1st VDG Lion Jarvis

Date	Activity
1 August:	Lymington Club Official Visit
6 August:	Christchurch Club Official Visit
7 August:	Weymouth & Portland Official Visit
8 August:	Romsey Club Official Visit
13 August:	Blackmore Vale Club Official Visit
16 August:	Ringwood & Fordingbridge Club Official Visit

Lions Clubs International FOUNDATION

I begin with some figures. During the last Lionistic year to 30 June 2018 the Clubs in 105D donated £20,557 to Lions Clubs International Foundation. Thank you for continuing to support LCIF.

Many Clubs will have donated to the One Shot, One Life campaign to provide vaccinations for children against measles. I am pleased to say that the campaign has raised \$30 (£22.8) million which when doubled by our partners means a total of \$60 (£45.6) million, thus some 88 million children have received this life saving vaccine. I am pleased to say that the campaign will continue.

As I mentioned in my previous article LCIF is 50 years old and during that time \$1 billion has been awarded through 13,000+ grants which have focused on vision, youth, disaster relief and humanitarian programmes. The need continues around the world and LCIF is asking for donations to help our Japanese Lions, to help provide relief after the recent devastating flooding which happened while many Lions were returning home after the recent International Convention in Las Vegas.

Launched in Las Vegas was the Foundation's most ambitious fundraising challenge so far. To celebrate our organisation's first 100 years of service and to provide for the next 100 years, and beyond. Challenge 100 hopes, with the help of Lions members and Clubs to raise \$300 (£228) million over three years.

The Foundation will continue working in the areas it always has and will also support the Global Service Teams' areas of hunger, environment, sight, childhood cancer and diabetes. The need for the Foundation is still there in our world since 245 people a day still die from measles, there has been 15 per cent rise in natural disasters, 800 million people worldwide go to bed at night hungry, by 2025 at least half the world's population will be living in water-stressed areas, every two minutes a child is diagnosed with cancer, 253 million people are blind or visually impaired (this is set to rise). There is still much to do.

As I have mentioned in my first article, please look at the LCIF section on the International website at lcif@lionsclubs.org.

Please contact me if you need further information and I will do my best to assist.

Lion Ann Huntley M&J

District 105D LCIF Coordinator
www.lions105d.org.uk/links or www.lcif.org

LCIF Mission

To support the efforts of Lions Clubs and partners in serving communities locally and globally, giving hope and impacting lives through humanitarian service projects and grants.



Congratulations!

from the 105D Times to Lion Richard Balchin,
President of the Woolmer Forest Lions Club, and
his wife Margaret, who will be celebrating their
Golden Wedding Anniversary
on Friday 7 September

News from the Clubs



Another fantastic year for Blackmore Vale's Swimathon

Earlier this year the Blackmore Vale Lions Club held their 31st charity fund-raising Swimathon at Clayesmore School Sports Centre, Iwerne Minster, Blandford. Over the 31 years the event has raised over £250,000.

In total 14 teams took part in this year's event with each team raising sponsorship prior to the event and then swimming in relay for 55 minutes. Total distance swum was 36 km and sponsorship raised £3,000 which we hope will be boosted in due course by the recovery of Gift Aid sponsorship.

At the Awards Ceremony on the 9 July, Blackmore Vale's organiser Lion David Birt thanked everyone for their splendid efforts and achievements. Lion David also gave his gratitude to Clayesmore School Sports Centre for the continuing use of their excellent facilities and to all those who helped organise and run the event on the day.

Results of the event are calculated on a points basis by multiplying the number of laps swum by the amount of sponsorship raised and the following winning teams in the various categories were presented with trophies:-

Challenge Cup for Best Team

Overall Runners-Up

Best Junior Team

Junior Runners-Up

Best Group

President's Shield for Effort

Stalbridge Scout Group

St Mary's School, Shaftesbury

Stalbridge Scout Group

Past and Present Team from St Andrew's School, Fontmell Magna. Kipling Carnival Club - whose two teams amassed 39,196 points.

1st Templecombe Scout Group.

This year the Blackmore Vale Lions chose the **Guide Dogs for the Blind Association** as the principal beneficiary and Blackmore Vale's president Lion George Wagland, together with organiser Lion David Birt and Treasurer Lion Geoff Nash, was delighted to present a cheque for **£1,500** to their representative Sue Keen supported by Hilary, dog walker Ann and trainee Billy the dog.

Eastleigh Lions celebrate 20 years' twinning with Kornwestheim Lions



During their 2018 visit to Germany, the Eastleigh Club chose to mark the 20th anniversary of the twinning by joining with Kornwestheim Lions to make a joint donation to a local youth farm. The total donation was 1,000 euros and, pictured above, are Kornwestheim president Lion Siegfried Dannwolf and Eastleigh president Lion Chris Shehan with the plaque which will be mounted at the farm.

The plaque reads, in English and German: *"The twinned Lions Clubs of Kornwestheim (Germany) and Eastleigh (England) celebrate 20 years of friendship by supporting Jugendfarm Kornwestheim"*

More news from Clubs

Out with the Old - In with the New

Windsor Lions' incoming president Lion Diane Purchase aims to set the bar even higher!



Outgoing president Lion Paul Maxwell and incoming president Lion Diane Purchase. They both have good reason to raise a glass!

Lion Diane Purchase is the new president of the Windsor Lions Club having taken over from outgoing president Lion Paul Maxwell. At the formal handover glasses were raised to the successes of the previous year and to welcome President Lion Diane.

Lion Diane is not new to the president's role. She has been a much loved and admired member of Windsor Lions since 2000 and has a wealth of experience. She served as President in 2004/5 and then Zone Chairman the following year. Over the years Lion Diane has undertaken the roles of Club Secretary, Treasurer and Community Services. Furthermore she comes from a family of Lions - her now deceased husband, Harry, was a long-time member of the Lions' fraternity and his children - Alastair, Lindsay, Naomi and Serena - are all present or past members of Lions or Leo Clubs. Lion Diane's parents too were both members of Lions Clubs.

Lion Diane says: "I am delighted to have been elected once again to be president of this fantastic Club. Windsor Lions have done many amazing things over the years, not least last year, raising very significant funds for

local and national charities and good causes as well as giving hands-on help for many in the community who just cannot manage without a little assistance from time to time. My task over the next year is to help Windsor Lions be even stronger. Five new members joined the Club last year - and I want to ensure they are all integrated into our team - the bigger and the more cohesive we are, the more we can do."

There is little doubt that the Windsor Lions have a huge positive impact on so many aspects of their community, not least with their awareness projects for breast cancer, diabetes and prostate cancer - projects acknowledged with a commemorative plaque such as this one from SportsAble, one of the many local charities the Club supports.

In conclusion Lion Diane says: "I am a passionate believer in my Windsor Lions Club and I will do my best and, with the team, we will succeed."



FREE FLIGHTS ON BRITISH AIRWAYS FROM GATWICK



The Lions Club of Jersey has secured SIX return flights from Gatwick for any guests sponsored or part-funded by any Lions Club in Britain to stay at Jersey's Maison des Landes Hotel for People with Disabilities.

This generous sponsorship will reduce the cost of a holiday in Jersey for a disabled person by as much as £500!



Maison des Landes caters exclusively for disabled guests and their families or carers in accommodation specially designed to meet their needs. Fully licensed and set in glorious unspoiled countryside with breathtaking coastal views.

Open from April to September

FOR DETAILS OF HOW YOUR LIONS CLUB CAN BENEFIT SOMEONE WITH DISABILITIES IN YOUR COMMUNITY, Contact LION KEN SYVRET at kwsvyret@gmail.com FIRST COME, FIRST SERVED!

And even more news...

HOOK AND ODIHAM LIONS TAKE UP THE CHALLENGE!

Late last year Hook Parish Council invited the Hook and Odiham Lions Club to run the 2018 Hook Festival. Run by the Council in 2017 the festival had been a rather soggy event held in September! In January the Club decided that it could and would run THE HOOK VILLAGE SHOW on Sunday 15 July and fought off eventual competition from the World Cup and Wimbledon!

Lion Terry Cheeseman was chairman of the event and, supported by especially Lions Graham Botwright and Peter Ingamells, worked tirelessly getting stalls and attractions to participate. Since the Club could not charge for admission, programmes were sold in advance from door to door in the July heat wave!

Eventually 15 July dawned — a very hot day. Would the crowds turn out?

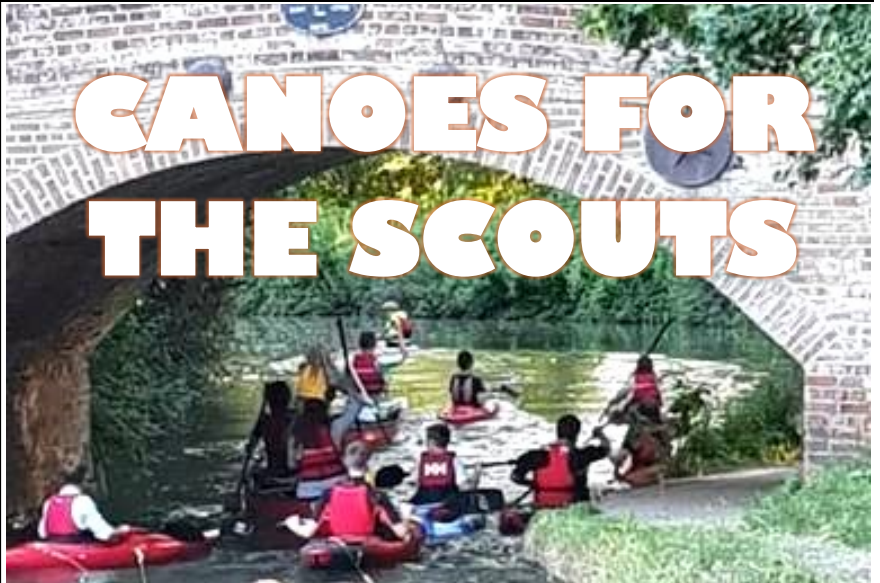
Local MP Ranil Jayawardena, who had grown up in Hook, opened the event. The arena events highlighted various entertainments and there were around 100 entries from classic vehicles to fairground rides, donkeys to doughnut stalls, a food court, face painting and fairy land stalls plus many charity and commercial stalls. In addition, in the Community Hall, there was a Craft and Produce Fair which also attracted visitors.



Flight, the sheepdog tries his paw at herding geese at the Hook Village Show!

By the end of the afternoon it was clear it had been a very successful event. Not bad for a Club with just 12 members! Every Lion had played his or her part. Thanks go to the Club's partners, friends, Hook Parish Council and Odiham and Hook Rotary who all assisted. Many thanks and tributes for the way in which the show was organised were received. Now what about next year?

CANOES FOR THE SCOUTS



In the evening of the longest day of the year, the 4th Bramshill Scouts gathered on the Basingstoke Canal at Winchfield to test out new canoes provided for them by the Hook & Odiham Lions Club.



Hook & Odiham president Lion Terry Cheeseman, squatting between canoeists Paul (Leader (left) and Steve Callaghan (right), had watched the excitement of the Scouts as they tried out their new craft.

The Scouts thoroughly 'water-tested' the canoes before paddling up the canal towards Odiham. The 'fleet' also included canoes that had already been donated by the Club.



Even more...



Weymouth and Portland Lions Club held their annual "Busk" in the town centre on Saturday 28 July and raised more than £800 for their charity fund.

Visitors and locals alike enjoyed the music with many dancing in the street. Replay gave their usual sterling performance and singer Tony Lowe (pictured right) added a touch of class to the event with his crooner-style blend of classic Sinatra, Bublé and Tom Jones songs.

President Lion Roger Hogbin says: "We've had another successful busk thanks to some excellent performers all of whom gave their time to help the Lions raise funds and a generous public, as always. All the money we raised at this event will go to good causes."

The Busk was fronted by 'Replay' featuring Lion Norman Stagles.



Fareham Lions Gives Tchoukball A Helping Hand



Fareham Lions Club was proud to rise to the challenge and support Fareham Tchoukball Club, known as Fareham Rhinos, to attend the European Tchoukball Championship being held in Milan, Italy.

Tchoukball is a non-aggressive indoor team sport that originated in the 1970s and is played by the young and old alike, with the aim to hit a trampoline-style frame either end of the court with a ball and for it to bounce to score a point.

Fareham Rhinos was set-up around 15 years ago and to date has been completely self-funded by its players. The team of 11-18 year olds worked incredibly hard to reach the European Championship in Milan, but the costs to allow their players to attend were high and to enable their attendance they approached Fareham

Lions for help.

Following a fascinating talk about Tchoukball and the Club by the players, Fareham Lions agreed to sponsor the players' kit, which was a large part of the cost, and in order to publicise Lions on the European stage, the players shorts included the Lions logo.

Kevin Martin, head coach, says: "We are so grateful for Fareham Lions' support, it has made a lot of young people and parents very happy"

Lion Rob Armstrong-Collett, president of Fareham Lions said "We were so impressed how hard the club has worked and the sportsmanship that Tchoukball represents fits well with Lions aims. We were pleased to sponsor the kit and promote Lions."



And finally...



All aboard The Bournemouth Lion!



On Saturday 7 July, at the second Bournemouth Bus Rally held in the town's King's Park, the Lions Club of Bournemouth unveiled THE BOURNEMOUTH LION, a local service bus that will promote Lionism and LCIF in the town and local area.

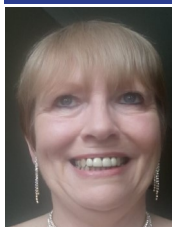
An inaugurating ribbon was cut by the new Club president, Lion Diane Avery.

Pictured beside THE BOURNEMOUTH LION and getting ready to board are (l. to r.) Bournemouth Lions Pam, Barbara, President Diane, Council Chairman Lion Peter Burnett and Debbie (Wimborne & Ferndown Lions Club), Vicki, Malcolm and (seated) Barrie.



Kids Cancer Charity

Lion Jean Lock, Partner of DG Lion Ken: MY CHARITY this year



As a Mum of three, grandmother to seven and having spent more than ten years working on the children's ward at Salisbury District Hospital, my chosen charity would inevitably involve children. It is ironic that the fifth pillar of service recently introduced by Lions Clubs International is Children with Cancer.

Kids Cancer Charity was established as the Christian Lewis Trust in 1989 and works alongside medical professionals and other support agencies to improve the quality of life for children affected by a cancer illness. From Play Therapy to Befriending to 'one to one' bereavement and pre-bereavement support for children/teenagers and their families. It also runs support groups.

Kids Cancer Charity is probably known for its Holiday Programme, working with partner organisations both in the UK and abroad enabling them to offer:

UK: Luxury static caravans on specially chosen sites situated in Wales.

Disneyland Paris: 3 day visit for a family with an ill child to include on-site Disney Accommodation and Theme Park passes.

Disney World Florida: A tailor-made package to include the possibility in the world renowned 'Give Kids The World Village, Theme Park passes and a stay at the charity's own luxury villa.

I hope that thanks to the generosity of my fellow Lions during DG Lion Ken's year, we will be able to make a big difference to the families and children in our District suffering with cancer.

Thank you.

Lion Jean



OLD MONARCH

The Editor has the last word...

I don't envy the DG - redistributing (or realignment) is the Lions' version of Brexit and from my perspective (being from one of the two Clubs in the District that are not in the European Union) about as complex. I imagine that few of us like our comfort zone being interfered with and I suspect that is how many Lions will be perceiving it. Perhaps we should have had a referendum!

We are entering what in the media is known as the 'silly season' when much of the world we know goes on holiday and lots of genuine news sources dry up. Fortunately it is obvious from the preceding pages that Lions do much more than just enjoying the midday sun and the inventiveness of Lions still, after all my years, never ceased to surprise me.

There is still much of the summer to enjoy so do so but not so much that even my news sources dry up!

Have a good one!

Lion Peter Tabb

SIGNS OF THE (105D) TIMES



"I know Bournemouth's got a proper bus but we're a much smaller Club!"

Please send all articles and pictures for publication in the

DISTRICT 105D TIMES

to the Editor, Lion Peter Tabb, e-mail : news@lions105d.org.uk and/or peteretabb@gmail.com
at least a week before the end of the month