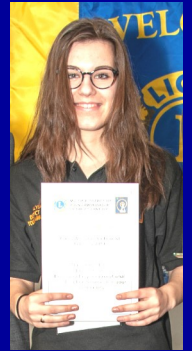


# 105D CONVENTION SPECIAL!

Alysha is our  
District Young  
Ambassador

See page 6



March 2019 Edition

**SATURDAY BALL  
SOLD OUT!**

# IT'S A SELL OUT!

Weymouth's big night has proved very popular but there are still  
seats available for the Convention business sessions

# 105D LIONS INTERNATIONAL TIMES



The International Association of Lions Clubs  
**District 105D**

Incorporating Lions Clubs International District 105D Charitable Trust  
Registered Number 1072984

District Governor 2018 - 2019 ♦ Lion Ken Staniforth

✉ [dg@lions105d.org.uk](mailto:dg@lions105d.org.uk) ♦ [www.lions105d.org.uk](http://www.lions105d.org.uk)

**“Working Together For Those We Serve”**

**LOVE  
BEING A  
LION**

# The DG'S Leader...

*Hello Fellow Lions...*

Three quarters through and our **CELEBRATION** time is looming.

I need to address something that has been brought to my attention regarding long service chevrons. Apparently, we are forcing people to go to Convention to receive them. I am pleased to report that this is rubbish!

When a District Governor takes office on the 1 July, we do not suddenly get a crate full of chevrons, certificates, regalia, badges, etc., etc. given to us to organize and distribute. The chevrons came to me eventually late September, after Club visits were booked. They were sorted and put into envelopes ready to be taken by myself and Lion Jarvis to distribute at Club meetings or Charter Anniversaries. Unfortunately, we are without a 2<sup>nd</sup> Vice District Governor who would have taken a third of Clubs under his or her wing. Also, medical treatment also 'got in the way', so the chevrons were to be allocated to Region and Zone Chairmen to present on my behalf at meetings. I hope that this clears the situation up.

In about three weeks, we will celebrate **54 years of SERVICE** of our District 105D at our annual Convention in Weymouth. Please note **CELEBRATE**. As with every other Convention of 105D, all delegates may vote on any issues that are raised, unlike the extraordinary meeting in September which was for **105SC (South Central)**. There will not be an overwhelming amount of business, but there will be a host of presentations and speakers with information about the various charities and organisations that we are supporting, including Jean's Charity of the year, **Kids with Cancer**, which is dear to her heart.

The main theme is **CELEBRATION** of 105D's service to hundreds of thousands of people throughout 54 years before we amalgamate with our friends from 105A and 105W to form the new District 105SC (South Central).

Convention is at capacity with Members ready to **CELEBRATE**, but if you could not book for Convention, during the final quarter of our year, take time out to **CELEBRATE** for it is **YOUR** achievements that you are **CELEBRATING**, the difference that **YOU** have made to other people's lives, the smiles that you have brought to faces of people you do not even know and also the difference that you will make in the **FUTURE** with a brand new District.

Make the rest of this year something special, Fellow Lions, because each and every one of **you** is **SPECIAL** for the **SERVICE** that you give, diligently, unselfishly, week in, week out, in all weathers.

I applaud you and thank you from the bottom of my heart on behalf of those you have served.

District 105D, **YOU** are **SPECIAL** so **CELEBRATE**. You have **EARNED** it.

Best Regards.



*DG Lion Ken*



# D-Notices

## **Double your donation today!**

**Donate between 15 February and 15 May 2019 and your donation will be doubled by the UK Government! Your donation will be used to support the work of Sightsavers wherever the need is greatest. The matched funds raised through UK Aid Match will support a project in Tanzania.**



**Donate today and help even more children like eight year old Muslima, pictured above with her mother and baby sister, who had cataracts in both eyes. Following her sight saving surgery, she is back at school, her vision is near perfect and her future is so much brighter. Sightsavers hope Clubs will take advantage of this amazing opportunity to double the impact of your gift.**

## **Act now - one donation, twice the impact!**

**Cheques can be made payable to your District, endorsed on the back 'Lions Sightsavers' and sent to your District Treasurer in the usual way.**



## **Civic Award for Wokingham Lion**

Lion Tim Hanton (pictured right above) receives a Civic Award from Wokingham Town Council in recognition of his contribution to the town of Wokingham through the various activities he undertakes as a member of Wokingham Lions Club.



## **Welcome New Lions!**

I am delighted to welcome the following new members into Lions Clubs International and wish them a long and happy time as a Lion.

**DG Lion** *Ken*

**Bradford on Avon** - Lion Mike Roberts  
**Burnham Bucks** - Lion Kenneth Johnson  
**Fareham** - Lions Dawn Armitage and Joseph Waggot  
**Hayling Island** - Lion Pamela Hutchinson  
**Maidenhead** - Lion Jo Mansier  
**Newbury** - Lion Maureen Benedict  
**Poole** - Lion Zach Braid  
**Reading** - Lion Ian Henderson



## Global Services Team News

A wonderful opportunity to double your money! Presidents and Secretaries will have received an e-mail outlining how donations to them can be doubled between 15 February and 15 May 15.

Between these dates the UK Government will match, pound for pound, all donations made to Sightsavers, up to £2 million. What will the money be used for? Your donations will be used to support eye care wherever the need is greatest but the matched funds will be used to prevent and treat trachoma in Tanzania. Trachoma is a very painful and debilitating disease which prevents people from leading normal lives and leads to poverty as people cannot work. However, there is an inexpensive treatment using antibiotics, which can cure the condition. Children and adults can then play a full part in their communities and lead normal lives again. Please think about, and make donations, to this very worthwhile cause. Sight is one of the main GST projects and this could be a major way of your Club helping prevent blindness.

March is, of course, Convention time and I will be in Weymouth. There will be stands on both GST and Community projects. If your Club has a project in these areas that you would like to make known to others, then please send me details by 15 March. It is important that we do share information as it can inspire others to do the same or similar and thus provide service to their communities. Let me know what you are doing to combat Diabetes, support the Environment, Childhood Cancer, and Feeding the Hungry as well as Sight. You never know but your project could become a District-wide one in the future.

At Convention you will also find out who won the various competitions run by the District.

Looking forward to April and Litter Picks. Unfortunately some Districts are running events other than the one planned near World Earth Day but I do hope that in this District we will make an impact in the week 22 to 29 April. Details of how to organise an event have been circulated but I am happy to resend them. Please let me have details of what you plan to do and after the event pictures as well. Between us we will be able to make our communities cleaner. Once you have done it once you will probably wish to do it on a regular basis.

Looking forward to meeting you all in Weymouth.

*Lion Judith Goodchild*

105D Community Relations Portfolio Holder and GST Co- Ordinator  
gst@lions105d.org.uk Tel: 0118 981 2260



# Matters of Moment

## DG Team Visits

### March 2019

#### 1st VDG Lion Jarvis

Date	Activity
------	----------

3 March:	Past District Governors' Lunch (interrogation more like!)
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20 March:	Lions' Den, Ringwood & Fordingbridge
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22 - 24 March:	105D District Convention
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29 March:	Trowbridge Lions' Charter Anniversary
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**Maison des Landes, a hotel in Jersey for people with a disability, seeks a qualified carer for a week from 4 to 11 May 2019. Flights and full-board accommodation will be paid for by the Hotel, and a generous honorarium given, in return for taking care of those guests needing a hand with things like getting dressed, washing, meds and dressings. The carer will be able to join in daily excursions to places of interest in the beautiful Island of Jersey and evening entertainment in the hotel.**

**For more information see [masondeslandes.co.uk](http://masondeslandes.co.uk) and/or email Lion Bob Gaiger - [rgaiger75@gmail.com](mailto:rgaiger75@gmail.com)**



We are just a few weeks away from the last Convention of 105D before we become 105SC in July.

During 105D's existence its Clubs have been stalwart supporters of LCIF and have helped to make lives better for so many. I am sure as 105SC the membership will continue to champion LCIF and the invaluable work that it helps Lions to do wherever there is a need.

I am sure that there are lots of golf enthusiasts and players among the membership of the District. If this is you, then maybe you will be interested in the Lions Golf World Cup & European Championship. This event is taking place in Andalucía, Spain at Tamisa Golf. It takes place from 14 April through 21 April. You will need to book so to find out more information go to [www.hoteltamisagolf.com/lionsgolf.php](http://www.hoteltamisagolf.com/lionsgolf.php)

All the proceeds from the event go to LCIF, so you can enjoy fantastic golf in a wonderful location and raise funds for LCIF at the same time.

As I mentioned in a previous newsletter I will be in Weymouth, at Convention, so if you are there come and say hello and find out more about your foundation.

*"Alone we can do so little, together we can do so much".*

*Lion Ann Huntley MBE*

District 105D LCIF Coordinator

# More D & MD Notices

## 105D Young Ambassador 2019

### Alysha Pires

Supported by the Lions Club of Jersey



Alysha represented District 105D at the MD Young Ambassador Finals in Dudley in February. There she joined nine other Young Ambassadors from our Multiple District. They are all very dedicated and worthy contestants and although Alysha did not win she has gained a lot of

valuable experience and friendships that will help her in later life.

Here are a few words from Alysha herself.

*I am 15 and preparing for 11 GCSEs and hoping to study medicine.*

*I am a member of Pathways, a Jersey charity, whose aims are to equip, encourage and empower young people. For me this has involved helping to run a bingo event and stall at an old people's home, competing in an "It's a Knockout" Challenge for Jersey SCUBU, entering multiple Swimathons, organising holiday clubs and working one-on-one with a young boy with learning difficulties. Pathfinders, is a group that teaches children Christian values and I attend weekly "On Track" meetings where older children work towards an award to conserve wild places.*

*I'm passionate about protecting our environment and I'm competing for the Freedom Prize Award, which encourages young people to champion worthwhile causes that better society. I've chosen SurfRider that aims to reduce the impact of plastic waste.*

*I'm also interested in drama, music, guiding and reading.*

We wish Alysha every success and congratulate her on being our Young Ambassador for 2019.

*Lion Yorky Tuke*

105D Young Ambassador Officer.

**To the readers of the 105D Times**

*Dear Fellow Lions*

### Support for Activity Alliance (Formerly EFDS)

It is important that disabled athletes have the same access to all sports as other athletes.

The Activity Alliance ([www.activityalliance.org.uk](http://www.activityalliance.org.uk)) is a national body which has the vision that disabled people are active in sporting and physical activities so they can achieve their full potential.

The Activity Alliance run regional games and hold the Annual National Junior Championship Games the first weekend in July at Warwick University. At these event disabled athletes participate in a variety of track and field sports. The 2018 Games were a great success with more athletes than the previous year.

For this valuable work to continue, can your Club help the Alliance by making a donation?

Please make your cheque payable to Lions Clubs International and endorse Activity Alliance on the reverse and send it to the District Treasurer.

Thank you in anticipation for your donation.

*Lion Peggy Tregillis*

MD Activity Alliance Liaison and Promotion Officer

*Dear Fellow Lions*

### Lions Clubs supporting the partnership with Marie Curie

Over the past six years, during the Great Daffodil Appeal, Lions Clubs have raised £838,000 which has funded 41,900 hours of local hands-on nursing care at home or in a Marie Curie Hospice.

During 2018, 175 Lions Clubs collected and it would be great to see this increase this year. Collections take place throughout March and Marie Curie need the support of Lions Clubs.

If a collection isn't for your Club, you could still get involved; some Lions Clubs place collection boxes in their local community. For every £20 collected supports one hour of local hands-on nursing care for someone with a terminal illness.

If your Clubs would like to be involved, contact Richard Scott (email: [Richard.scott@marie.org.uk](mailto:Richard.scott@marie.org.uk))

Warmest regards

*Lion Mandy Broadbent*

Lions PR/Marketing Team



# News from the Clubs...

## Fleet manoeuvres against diabetes

Nearly 100 people took advantage of the free screening assessment that Fleet Lions were offering recently as part of the international efforts by Lions across the world to combat diabetes. The Lions had been trained to carry out and explain the results of these assessments by Diabetes UK, who now promote the use of this initial questionnaire approach rather

than a 'pin-prick' blood test.

The process involves answering questions about things you can't change such as your age, as well as things you can such as body mass index. These factors are scored into bands of risk with an explanation of what they mean. All participants were given leaflets explaining what action they should take to minimise the risk of contracting diabetes.

Organiser Lion Mark Cooper explained that more than 50 per cent of those assessed had a one in seven, or higher, chance of developing diabetes in the next ten years. Some had a one in three chance. A number of people who were invited to be assessed advised that they were already diabetic. The Fleet results indicate what a considerable issue we face with diabetes in this country.



## Mary Poppins pops in to Fareham

Lions, supporters, families and friends came together on Saturday 9 February to celebrate Fareham Lions' 57th Charter Anniversary with a Mary Poppins themed ball. The evening, attended by the Mayor of Fareham, was great fun with many entering into the spirit of the occasion with a wonderful array of Mary Poppins costumes and accessories, as well as Mary Poppins music and a wonderful three course meal.

Fareham Lions were also proud to induct a new member, Lion Dawn Armitage, during the evening.

Is this the first time Mary Poppins has been inducted as a Lion?



It's here again! Wimborne and Ferndown

## THE ANNUAL LIONS' QUIZ

7.30 Friday Allendale  
5<sup>th</sup> April Centre  
Wimborne

IN AID OF LIONS CHARITIES

For teams of up to 6 players. Still  
only £6, including refreshments.  
Bar open. Pay on the night.

to enter a team please contact  
Ron Neave telephone 01202-873551  
or e-mail [ronneave@yahoo.co.uk](mailto:ronneave@yahoo.co.uk)  
[wimborneandferndownlions.org.uk](http://wimborneandferndownlions.org.uk)



## And more...

### Another Successful Blackmore Vale Lions Half Marathon

Sunday 3 February saw the 27<sup>th</sup> running of the Blackmore Vale Lions Half Marathon which and raised around £4000 to be shared between various organisations in Bishops Caundle, and the Blackmore Vale Lions Charity Trust Fund which supports a wide range of charitable causes in and around Blackmore Vale.

Several likely factors led to the number of participants being down on previous years. However there were 254 runners from the ages of 18 to 77 who took part in the annual Half Marathon and Half marathon Relay Race organised by the Blackmore Vale Lions with the valuable cooperation of Bishops Caundle Parish Council, All Saints Primary School, Bishops Caundle Village Hall and Social Committee.



Almost perfect conditions prevailed on the day for this very tough challenge which many runners use as preparation for the London Marathon in April.

As usual the race was very well supported by a large group of marshals, drinks providers, recorders and referees from the road running fraternity especially Gillingham Trotters, a2e Medical Services, and Sturminster Newton Rotary Club, Air Cadets, Shaftesbury Scouts and most importantly the Blackmore Vale Lions ladies who provided all the food and drink both before and after the event. The Blackmore Vale Lions very much thank and appreciate all the organisations that helped make the event the huge success that it is.

*Pictured is fastest lady Rachel Astington at the finishing line*



### Windsor Lions and Thames Hospice join forces for the Big Bash of the Year

Windsor Lions is teaming up with Thames Hospice to raise funds for the new state-of-the-art 28 bed hospice that is being built by Bray Lake.

The Black-Tie Ball takes place on Friday 5 April at the elegant Riverbank Marquee on the bank of the Thames at Windsor Royal Racecourse. Along with a sponsored drinks reception, a sumptuous three course dinner and a surprise celebrity guest, there will be dancing to the seven-piece Gill Love Band, an auction and a raffle.

This is the first time the charities have worked together and Windsor president Lion Diane Purchase says: 'The combined experience of our organisations will make this a fantastic evening with the prospect of a great result.'

*Tickets, priced at £69 each or £650 for a table for ten are available via the Windsor Lions website.*

### Swanwick Lions donate £1000 to day care centre



Swanwick Lions have donated £1000 towards updating the the gardens at the Lockwood Day Care Centre. The centre is run by Age Concern and provides activities for local people with physical or mental disabilities and respite for carers.

### *In Memoriam*

It is with sadness that the 105D Times records the passing to higher service of Lion David Knowles of the Hayling Island Lions Club.



# And finally...

## New members are vital to the survival of Lions Clubs

New members provide fresh blood and ideas to your Club and new members themselves can bring additional new members to their Clubs.

At the start of the Lion's year, I set a challenge for each Club to bring in three new members during the year. As at the end of January 2019, 22 Clubs in the District have inducted two or more members – a great achievement.

We have four months left in the Lions year and I would encourage all Clubs to continue with their push to find new members. Consider trying one of the following approaches:



- ◆ Recruitment through Service. Identify a local community need in your area. Ask for volunteers to assist with the project and then invite them to a social evening and encourage them to bring other volunteers with them;
- ◆ Consider using Lion Ken's "Back to Basics" concept by inviting friends and contacts to a local social meeting to explain more about Lions; and
- ◆ Hold an Awards evening at which you can acknowledge local charities and causes that you have supported and also invite supporters/potential members to see what you have been doing.

### Looking to hold a Recruitment campaign?

- ◆ Maximise local media for publicising events and also for membership. Not just newspapers and radio but Facebook and other forms of social media can be a great source of obtaining potential members;
- ◆ Ensure that you have Lions publicity available at all Lions event. There is some really good membership material available for MD HQ in Birmingham - in particular #LionsGetInvolved - is a really good marketing document for the promotion of Lions;
- ◆ Now is a good time to start planning a membership activity ahead of your Lions summer activities. However, do not rush the timing, ensure that any event is properly planned and give sufficient timing to publicise the event.
- ◆ In terms of the event itself, make it a social evening with plenty of time for your members to talk to those attending on a one-to-one basis. Concentrate on the service and social activities that your Club does in its local community and how Lions make a difference.

Please remember that there is District funding is available for smaller Clubs who wish to run membership recruitment campaigns.

Support is available from the GMT team and your Zone to assist with membership activities.

**If you have any questions on the above or you would like further information or support, please contact me on [t.vhanton@virginmedia.com](mailto:t.vhanton@virginmedia.com) or 07977 927431.**

Good luck!

*Lion Tim Hanton*



# OLD MONARCH

*The Editor has the last word...*

I've attended most recent Conventions, particularly since I became a District Officer, albeit one with probably the least responsibility. I regret that I have singularly failed to impart to my offshore colleagues all the benefits of a long weekend on the mainland with fellow Lions, possibly because there's a real likelihood that my wife and I will miss the jollifications of the Friday evening, thanks to our haphazard ferry services. Hopefully we'll get there before the bar closes.

Notwithstanding I am pleased to learn that the event is a sell-out and equally pleased that this will give us the opportunity of meeting so many Lions all in on place. Look forward to seeing you all!

*Lion Peter Tabb*

"You don't have to dress up like this for every meeting..."

## SIGNS OF THE (105D) TIMES



Lion Dawn Armitage is Inducted as a member of the Fareham Lions Club

Please send all articles and pictures for publication in the

### DISTRICT 105D TIMES

to the Editor, Lion Peter Tabb, e-mail : [news@lions105d.org.uk](mailto:news@lions105d.org.uk) and/or [peteretabb@gmail.com](mailto:peteretabb@gmail.com)  
at least a week before the end of the month